



Addiction Treatment & Prevention Services

## **PERSONAL ITEMS FOR ADOLESCENT RESIDENTIAL TREATMENT**

**MEDICATIONS:** 30 Day supply in a labeled prescription bottle which has physician's name **and** a written prescription from the physician.

### **PERSONAL GROOMING:**

- Comb/brush/pick
- Deodorant
- Hair dryer/curling iron
- Make-up
- Non-aerosol cologne/perfume
- Non-aerosol hair spray
- Personal hair care products (non-aerosol)
- Sanitary supplies (girls)
- Shaving kit
- Soap
- Toothpaste

### **CLOTHING:**

- Flip-flops (for shower--recommended)
- Hoodies—2
- Jacket/coat
- Jeans/pants—7
- Pajamas
- Shoes/Athletic shoes—**No more than 2 pairs**
- Shorts & shirt for PE—3
- Slippers/robe
- T-shirts/shirts—7
- Underwear/socks/tanks/A-frames—7

### **MISCELLANEOUS:**

- Alarm clock/radio
- Money—No more than \$20 (small bills or quarters)
- Personal items—1 stuffed animal, blanket, pillow, family pictures (no glass)
- Stationary/envelopes/**postage stamps**

### **DO NOT BRING THE FOLLOWING:**

- Anything related to Satanism
- Cameras
- Cell phone—Not allowed
- Clothing advertising bars, beer, or drugs
- Clothing with Satanic, gang, or sexual pictures/sayings/Billabong/Bob Marley
- **Compression, spandex or bike shorts**
- Magazines
- Mouthwash containing alcohol
- Musical instruments
- Over the counter medication (unless have signed Dr.'s orders)
- Pornography
- Q-tips
- Video games
- Weapons (knives/scissors/mace/etc)
- Work boots, steel toe, or cowboy