



COMMUNITY & FAMILY RESOURCES
PERSONAL ITEMS
FOR PRIMARY RESIDENTIAL TREATMENT (ADULTS)

NOTE: CFR is a tobacco-free campus.

MEDICATIONS: 30 Day Supply in a labeled prescription bottle which has Physician's Name and a written prescription from the Physician.

PERSONAL GROOMING:

Deodorant soap
Shampoo
Toothpaste
Deodorant
Hair dryer/Curling Iron
Hair Spray (non-aerosol)
Styling gel/mousse
Sanitary Supplies (women)
Comb/Brush
Shaving kit
Make-up
Laundry detergent

CLOTHING (only 10 outfits):

Jeans
T-shirts
Underwear
Shoes/Athletic shoes
Pajamas
Slippers/Robe
Sweat pants/tops
Shorts – Appropriate Style
Dress Clothing – for Church if desired
Jacket/Coat
Flip-flops (for shower)
Socks

MISCELLANEOUS:

Hard Candy/gum
Personal Items
Money
2 bath towels/washcloths
Phone card to make long distance calls
A padlock with 2 keys is very helpful (small one for lock box in room)
Clock
Nicotine Replacement Aids

PLEASE DO NOT BRING THE FOLLOWING:

- Cell Phone (NOT ALLOWED)
- Over the counter medication (unless accompanied by signed physician orders)
- Clothing with holes or that is tightly fitted
- Clothing with Satanic, Gang or Sexual Images/Sayings
- Clothing advertising bars, alcohol, or drugs
- Satanic clothing or anything relating to Satanism
- Musical Instruments
- Short Skirts/Shorts/Midriff Tops
- Weapons (knives, scissors, mace, etc.)
- Pornography
- Contraband
- Mouthwash (containing alcohol)
- Video Games
- Cameras