



Currently, our treatment programs are continuing to operate with additional safety precautions in place. Call us to discuss any concerns about your services or to discuss what options are currently available for us to best support you during this time.

Are you experiencing symptoms or risk factors for coronavirus (COVID-19):

- **Fever?**
- **Shortness of breath?**
- **Cough?**
- **Have you been exposed to someone with a confirmed diagnosis of COVID-19?**
- **Have you recently traveled to an area affected by COVID-19?**

If "YES", please contact our office by phone BEFORE coming into the office! Alternate service options may be available via telehealth - just ask us how!

If you feel sick, we encourage you to call your primary medical doctor's office or 211, explain your symptoms, and follow their guidance.

If you need extra support during this time, contact our office or the "Your Life Iowa" 24/7 support services by phone, text, or chat.

- **CFR** Phone #: 866-801-0085
- **Your Life Iowa** Phone #: 855-581-8111
- **Your Life Iowa** Text Support: 855-895-8398
- **Your Life Iowa** Online Chat: YourLifelowa.org