



Family FUNction is a series of Summer sessions to help Parents and Caregivers gain skills to better manage their family!

Topics and Dates

- * Positive Communication-Wednesday, June 3
- * Signs and Symptoms of Common Mental Health Conditions-Wednesday, June 10
- * Learning About the Technology Your Child is Using –Wednesday, June 17
- * Conflict Resolution *followed by* Family Movie Night & Celebration-Wednesday, June 24
- * Incentives for attending all 4 sessions!

All sessions will be provided **FREE** with a **FREE** meal and **FREE** childcare.

Meal-5:30-6 PM

Sessions-6-7 PM

Location: First United Methodist Church, 619 Main Street, Iowa Falls

Childcare provided during the session through Iowa Falls First United Methodist Church.

During the Adult session Youth will be learning about budgeting, healthy meals and snacks, getting along with others & planning the **Celebration** session.



*Advance registration for meal, sessions, and childcare is appreciated: Please contact Shelly Zabel at 1-866-801-0085 Extension 1404. Visit us on the web: www.cfrhelps.org

