



# COMMUNITY & FAMILY RESOURCES

*Inspiring prevention, treatment and recovery*

## Group Facilitation and Client Engagement

Instructors: Tim Grady, LMHC

9a-12p

OR

1-4p

January 17, 2025

OR

January 24, 2025

### **Purpose:**

1. Participants will understand the developmental stages of a client group and be able to name and give an example of the five phases.
2. Participants will be able to use Yalom's group healing factors as a way of explaining and understanding the unique impact of group interventions on client healing.
3. Participants will gain new facilitation skills and techniques for each phase of group development, as well as techniques to address resistance and problem solving.
4. Participants will utilize the levels of client participation to improve client retention and group outcomes
5. Principles of trauma-informed care and the current conception of trauma and fear responses will be incorporated in to group facilitation skills.

### **Who Should Attend:**

CFR Employees and Community Partners

**CEUs AVAILABLE:** 3.0

**COST :** \$40

**Location: Web Based via Zoom**

**Register @** <https://cfrtraining.wufoo.com/forms/ppn68ar1hzvud3/>

*Registration closes on 1/15/25*

Community and Family Resources is part of the Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration.

