



## Press Release

**FOR IMMEDIATE RELEASE**

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### Medication Assisted Treatment Clinic Now Open in Ames

A drop in year-to-year Iowa opioid overdose deaths signifies the work Iowa has completed by improving access to the lifesaving opioid overdose drug, naloxone (also known as Narcan). Additionally we have seen an increase in the implementation of Medication Assisted Treatment (MAT) clinics that assist people in treating substance use disorders. Community & Family Resources (CFR) has been a leader in educating the community about the opioid crisis and is now broadening their efforts to help people access evidence-based treatment options to assist in recovery from substance use disorders.

In partnership with UCS Healthcare, Community & Family Resources opened a new Medicated Assisted Treatment clinic on Wednesday, February 26, 2020, at the current CFR outpatient office located at 1619 South High Avenue in Ames. MAT clinics allow hundreds of patients to recover from opioid and alcohol use disorders through an individualized treatment program that offers a combination of FDA-approved medication and counseling. The medications utilized can help to reduce the cravings and withdrawal symptoms of the substances. Research has demonstrated that this treatment combination can assist in achieving and maintaining recovery.

If you or a loved one are interested in learning more about MAT, please call our office at 515-232-3206. A complete assessment is needed prior to beginning MAT treatment, and MAT services are covered by many health insurance plans including Medicaid.

*Community and Family Resources offers substance use, mental health, and problem gambling treatment and prevention services. Counties served by CFR include Story, Boone, Calhoun, Hamilton, Humboldt, Pocahontas, Webster, and Wright. In Fiscal Year 2019, CFR offered treatment services to 2,684 individuals and reached over 8,000 individuals through prevention services to schools, businesses, and community groups. Community & Family Resources is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration. For additional information, please visit CFR's website at [www.cfrhelps.org](http://www.cfrhelps.org) or call 515-232-3206.*



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