



Press Release

FOR IMMEDIATE RELEASE

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CFR Opens Additional Women's Recovery House

Community and Family Resources (CFR) is pleased to announce the opening of a second Women's Recovery House at 701 S. 17th Street in Fort Dodge. This house was formerly operated by Gateway to Discovery and has a long history of providing vital support to women on their recovery journey. We are grateful for the opportunity to continue these services. This program, named the Serenity House, will be able to serve 8 women at a time, in addition to 9 who reside at CFR's first women's Recovery House that opened in 2023.

The community is invited to attend an open house and ribbon cutting with the Greater Fort Dodge Growth Alliance on March 21, 2024, from 3:00 PM – 4:00 PM. A short program will be held with tours of the newly renovated house and light refreshments.

Recovery Housing is an important aspect of the continuum of care for individuals with substance use disorders, offering ongoing treatment, comprehensive resources, and peer support. A Recovery House is not simply transitional housing but an extension of the therapeutic community. Residents apply to live in the house for up to one year and continue to experience individualized treatment planning, group and individual sessions with our professional treatment providers, and personalized support while navigating early recovery.

Community and Family Resources offers substance use, mental health, and problem gambling treatment and prevention services. CFR serves 14 counties across Iowa: Boone, Calhoun, Cedar, Hamilton, Humboldt, Iowa, Johnson, Pocahontas, Polk, Story, Warren, Washington, Webster, and Wright Counties. In Fiscal Year 2023, CFR provided treatment services to 5,892 individuals and offered prevention services to schools, businesses, and community groups, reaching 8,691 individuals. For additional information, please visit CFR's website at www.cfrhelps.org or call 866-801-0085. Community & Family Resources is part of the IHHS Integrated Provider Network, with services funded by the Iowa Health and Human Services Dept. and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration.

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