

## Press Release

**FOR IMMEDIATE RELEASE**

Date: July 15, 2024

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### CFR Introduces Webster City Psychiatry Services



Community and Family Resources (CFR) is pleased to announce the addition of a psychiatric provider, Dr. Angela McGregor, to our Webster City team. Dr. McGregor is certified in Psychiatry and Family Practice. She graduated from the University of Iowa with her Doctor of Nursing degree in 2011 and as a Family Nurse Practitioner in 2004. She has worked in family practice, psychiatry, ER, internal medicine, urgent care, and as a hospitalist.

Dr. McGregor is available to provide comprehensive mental health evaluations, medication checks, and individualized treatment planning to individuals age 5+. She is experienced in helping individuals with a wide range of concerns, such as depression, anxiety, co-occurring disorders, and bipolar disorder. “I am excited to expand my practice to our Webster City clinic and increase access to psychiatric care, while continuing to serve clients at CFR’s Fort Dodge location,” said Dr. McGregor.

Dr. McGregor is currently welcoming new clients from the community. She will see clients at CFR’s Webster City office on Thursdays from 9 AM – 4 PM beginning August 8, 2024, and will continue seeing clients in Fort Dodge on Mondays, Tuesdays, and Wednesdays. Individuals are welcome to contact CFR at 515-576-7261 to schedule an appointment with Dr. McGregor in either the Webster City or Fort Dodge office.

CFR accepts Medicaid and most health insurance plans, and a sliding fee scale is available for those who qualify. Our programs are accredited by CARF as well as the Iowa Department of Health and Human Services (IHHS).

*About Community and Family Resources (CFR): CFR offers substance use, mental health, and problem gambling treatment and prevention services. CFR serves 14 counties across Iowa: Boone, Calhoun, Cedar, Hamilton, Humboldt, Iowa, Johnson, Pocahontas, Polk, Story, Warren, Washington, Webster, and Wright Counties. In Fiscal Year 2023, CFR*





*provided treatment services to 5,892 individuals and offered prevention services to schools, businesses, and community groups, reaching 8,691 individuals. For additional information, please visit CFR's website at [www.cfrhelps.org](http://www.cfrhelps.org) or call 866-801-0085. Community & Family Resources is part of the IHHS Integrated Provider Network, with services funded by the Iowa Health and Human Services Dept. and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration.*

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