

Press Release

FOR IMMEDIATE RELEASE

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CFR Offers Behavioral Health Services in Tipton



Community and Family Resources (CFR) is pleased to announce the expansion of treatment services for mental health and substance use disorders in the Tipton area. Formerly an organization located exclusively in North-Central Iowa, CFR merged with Prelude Behavioral Services in Des Moines and Iowa City in July 2022. Since the merger, CFR has been focused on assessing the needs within the community and ensuring that individuals can receive high-quality services, especially as the need for substance use and mental health treatment rises in a post-pandemic world.

CFR's behavioral health professionals are experienced in helping individuals with a wide range of concerns such as depression, anxiety, alcohol or drug use, co-occurring disorders, problem gambling, and general support through life's decisions. Providers at CFR help each of their clients assess, understand, and work toward resolution of their concerns using a variety of individualized treatment approaches. CFR accepts Medicaid and most health insurance plans, and a sliding fee scale is available for those who qualify.

Angi Green, LMSW, and Brett Kass, tCADIC, are the primary providers located at CFR's office at 216 West 6th Street in Tipton, which will be open weekly on Mondays. Both providers' primary offices are in CFR's Iowa City location, and they are looking forward to expanding their practice to the community of Tipton and surrounding areas.





Angi joined CFR as a Mental Health Therapist in 2021. She has extensive experience working with a wide variety of individuals and has provided specialty care to individuals in nursing homes, hospice, residential substance use treatment, and outpatient settings. Angi is also a self-advocacy trainer for individuals with disabilities.

Brett Kass, tCAD, began as an Outpatient Substance Use Counselor at CFR in 2023, and is available to provide outpatient treatment in individual and group formats. Brett is passionate about helping others achieve and maintain long term recovery.

Anyone interested in learning more about CFR's services or scheduling an appointment can call 319-351-4357.

Community and Family Resources offers substance use, mental health, and problem gambling treatment and prevention services. CFR serves 14 counties across Iowa: Boone, Calhoun, Cedar, Hamilton, Humboldt, Iowa, Johnson, Pocahontas, Polk, Story, Warren, Washington, Webster, and Wright Counties. In Fiscal Year 2023, CFR provided treatment services to 5,892 individuals and offered prevention services to schools, businesses, and community groups, reaching 8,691 individuals. For additional information, please visit CFR's website at www.cfrhelps.org or call 866-801-0085. Community & Family Resources is part of the IHHS Integrated Provider Network, with services funded by Iowa Health and Human Services and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration.

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