



COMMUNITY & FAMILY
RESOURCES

Inspiring prevention, treatment and recovery

Mental Health—Effects of Trauma on the Brain and Beyond

8:30-12pm

OR

1-4:30pm

Dec 11, 2020

OR

Dec 18, 2020

Purpose:

- 1) Begin to understand how trauma has an impact during in-utero exposure
- 2) Begin to understand how trauma impacts clients after birth
- 3) Identify types of MH Diagnosis that can occur after trauma
- 4) Identify types of trauma treatment and client specific coping skills

Who Should Attend: CFR Employees and Community Partners

CEU'S AVAILABLE: 3.25

COST : FREE

Location: Web Based via Zoom

Register by email at AndreaJ@cfrhelps.org

Community and Family Resources is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration.