

# AMES SAME DAY ACCESS HOURS

CFR's Outpatient Clinic in Ames, located at **1619 S. High Ave.**, offers walk-in Same Day Access Substance Use Evaluations during the following days/times, effective September 28, 2020:

WEDNESDAY	<b>11:00 AM-2:30 PM</b>
THURSDAY	<b>2:00 PM-6:00 PM</b>
FRIDAY	<b>10:00 AM-3:00 PM</b>
SATURDAY	<b>9:00 AM-12:00 PM</b>

In order to streamline your visit, prior to your appointment you may access and complete the intake forms in the Client Portal found at:

[www.cfrhelps.org/patient-portal](http://www.cfrhelps.org/patient-portal)

*Community & Family Resources is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration*



Community & Family Resources  
515-232-3206  
1619 S. High Ave., Ames, IA 50010  
[www.cfrhelps.org](http://www.cfrhelps.org)

*Updated September 14, 2020*