



STEPPS Group

DAY: Tuesdays

TIME 10:00—11:30 am

LOCATION:

**1619 S. High Ave, Ames,
Iowa**

STEPPS Group
Part 1

is a 10 week therapeutic program designed to work with persons aged 18 and older experiencing Borderline Personality Disorder symptoms

To RSVP

If you are a CFR client:
talk to your provider or
support staff



COMMUNITY & FAMILY
RESOURCES

Inspiring prevention, treatment and recovery