



COMMUNITY & FAMILY
RESOURCES

Inspiring prevention, treatment and recovery

Trauma Informed Approaches for Clients with Complex Needs—Kayla Borja Frost, LMHC

November 10, 2023

OR

December 1, 2023

AM Session 9a-12p

OR

PM Session 1p-4p

Purpose:

- To define terms that will bring value to treatment settings such as recovery, holistic, trauma-informed, stigma and burnout
- To gain knowledge regarding co-occurring conditions that impact Substance Use and Mental Health Disorders
- To identify best practices for trauma informed care
- To equip staff with strategies to manage stress and avoid burnout.

Who Should Attend: CFR Employees and Community Partners

CEU'S AVAILABLE: 3.0

COST : FREE

Location: Web Based via Zoom

Register by email at AndreaJ@cfrhelps.org

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