



COMMUNITY & FAMILY RESOURCES

PERSONAL ITEMS TO BRING FOR PRIMARY RESIDENTIAL TREATMENT (ADULTS)

MEDICATIONS: 30-day supply in a labeled prescription bottle which has the Physician's name and a written prescription from the Physician.

PERSONAL GROOMING:

Deodorant soap
Shampoo
Toothpaste
Deodorant
Hair dryer/curling iron
Hair spray (non-aerosol)
Styling gel/mousse
Sanitary supplies
Comb/brush
Shaving kit
Make-up (limited amount)

CLOTHING (*only 10 outfits*)

Jeans
T-shirts
Underwear
Shoes/athletic shoes
Pajamas
Slippers/robe
Sweat pants/tops
Shorts – appropriate style
Socks
Jacket/coat
Flip-flops (for shower)

MISCELLANEOUS OPTIONAL ITEMS:

Alarm clock
Personal items (such as books)
Money
Phone card to make long distance calls (prepaid landline)
Nicotine replacement aids
Flavored water additive without caffeine (powder)

Fan
MP3 player without camera
Notebooks, coloring pages, colored pencils
Laundry detergent/dryer sheets
Hard candy

Note: Upon arrival, all belongings will be inventoried and clothing will be heat treated. Individuals will shower in upon admission.

PLEASE DO NOT BRING THE FOLLOWING:

- Cell phone (NOT ALLOWED)
- Over the counter medication (unless accompanied by signed physician orders)
- Clothing or anything related to Satanism, gangs, or sexual images/sayings
- Clothing advertising bars, alcohol, or drugs
- Revealing clothing
- Weapons (knives, scissors, mace, etc.)
- Pornography
- Contraband (drugs, alcohol, tobacco, etc.)
- Mouthwash containing alcohol
- Items with alcohol as the primary ingredient and aerosol cans
- Sharpie markers
- Electronics (such as cameras, video games, computers, laptops, smart watches, tablet)

CFR is a nicotine-free campus. The use of tobacco or tobacco-like products, non-FDA approved nicotine replacement therapy products, emerging tobacco products, or electronic/simulated smoking devices on campus is prohibited. This refers to the use of any tobacco or tobacco-like product, including smokeless tobacco products (*examples include but are not limited to cigarettes, electronic cigarettes, cigars, chewing tobacco, snuff, pipes, snus, etc.*) The only nicotine products allowed are those that have been approved by the FDA for the treatment of nicotine dependence. CFR does have available Nicotine Replacement Therapies such as patches, lozenges, and gum at all locations.