

# AMES SAME DAY ACCESS HOURS

CFR's Outpatient Clinic in Ames, located at **1619 S. High Ave.**, offers walk-in Same Day Access Substance Use Evaluations during the following days/times, effective July 1, 2021:

<b>TUESDAY</b>	<b>11:00 AM-2:30 PM</b>
<b>THURSDAY</b>	<b>2:00 PM-6:00 PM</b>
<b>FRIDAY</b>	<b>10:00 AM-3:00 PM</b>

No appointment is needed - just come in during the listed days/times for a confidential & comprehensive substance use evaluation.

Please bring: a photo ID, insurance card, & your most recent paystub (if employed). In order to streamline your visit, you may access & complete the intake forms in the Client Portal found at: [www.cfrhelps.org/patient-portal](http://www.cfrhelps.org/patient-portal)

*Community & Family Resources is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration*



Community & Family Resources  
515-232-3206 or 866-801-0085  
1619 S. High Ave., Ames, IA 50010  
[www.cfrhelps.org](http://www.cfrhelps.org)

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