

Community & Family Resources

UNDERSTANDING ADDICTION & RECOVERY: INFORMATION FOR FAMILY, FRIENDS & CAREGIVERS

WHEN

Wed, Mar. 20, 2024 - 5:30-6:30pm

WHERE

Virtual via Zoom [Please register](#)

OBJECTIVES

- ✓ Define what addiction is and how our thinking has evolved based on the science
- ✓ Visualize the recovery process (readiness, entry, during, long-term)
- ✓ Differentiate between harm reduction and MOUD
- ✓ Clarify the roles that family / friends / caregivers play in support, as well as self-care and available resources

QUESTIONS? CALL OR EMAIL US:

 (319) 351-4357

 prevention@cfrhelps.org



COMMUNITY & FAMILY
RESOURCES

Inspiring prevention, treatment and recovery



Please scan the QR code or [click here](#) to register for this free training.

